STARTING FRESH CHECKLIST

Whether you are looking to start a new career, or you just want some change in your life, use the following tips to help get you going. At the end of this report, you will find action items for you to use.

☐ **Imagine What Your New Life Will Be Like:**
The first step is to try and imagine what your new start is going to look like. Some people already have an idea while others never thought about it before because they believed it would never happen. This brings us to the next step…

☐ **Believe in the Change:**
Without a belief that a change is possible, it will be difficult to get there. Challenges in belief will make it easy to come up with excuses and put up mental roadblocks. When you do believe, you will start to look for ways to make the change.

☐ **Gain Support from Friends and Family:**
Having the support of those around you is going to go a long way in helping you start a new life. When you gain the support of your friends and family, they will help you do what is necessary to get you there. However, if friends and family are not supportive, don't let it undermine your efforts.

☐ **Get the Necessary Funding:**
It is easier than ever to obtain funding these days. You can sponsor fundraisers or receive the support from friends and family. Crowdfunding is a great resource for people to get funding for just about any purpose.

☐ **Career Change:**
Maybe your career isn't what you imagined. This is a good indication that a career change may be in order as a new start. To figure out what you want to be when you grow up consider what pops in your mind when you are distracted and consider what you always wanted when you were a kid. If you continually go to the same idea, this could be a great place to start. Even if it's a hobby, don't let that prevent you from pursuing it. The internet has made it quite easy to turn hobbies into businesses.

- **Taking on a New Hobby:**
  Try something you've never tried before. Get outside your comfort zone and be adventurous. For instance, maybe you have always thought it would be cool to play piano or write a song for your kids. The process that you will go through to learn these new skills will give you a new self-identity and can boost your self-esteem.

- **Move to a New Country:**
  This is an extreme way to go about a fresh start. People who do it often never look back. Living in another country (or at least visiting another country) where the culture is drastically different from yours is a wonderful way to see how others live and gives you a whole new perspective on life.

- **Buy an RV and Travel Cross Country:**
  You can choose to do this in your own country or in any other country depending on the local laws of those countries. If you come up with some kind of theme for your trip, you may find that others will more easily support it with funding, etc., or you could write a book about the theme.

ACTIONABLE STEPS

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Write down three hobbies that you have always wanted to try. Think back to when you were a kid. What did you talk about with your friends? When you go to a bookstore, what kinds of books do you find yourself browsing?	Research and create a plan for one of the specific items in the tips above. If none of the items interest you, try to think of one that may. For instance, perhaps you have always wanted to sail long distances.	Create a fundraising campaign that will incorporate actions #1 and #2. By knowing what kind of change you want to implement, you can get a better sense of the type of campaigns as well as the funding source.