

KINDNESS BINGO

Have fun and make a difference!

HERE'S HOW TO PLAY:

Print and make copies for yourself and your friends • Complete a line horizontally, vertically, or diagonally • Share your kindness with others and on our <u>Facebook Page</u>!

Pay for someone else's parking	Help someone busy. Ask "How can I help support you today?"	Ask someone new in your life out for coffee	Stop and talk to a homeless person
Take the afternoon off & do whatever you want!	Hold the door open, make eye contact & smile at the person behind you	Treat someone to lunch	Make a donation to a charity
Don't blame or complain about anything or anyone— all day!	Pick up garbage you see around you	Give someone a thoughtful compliment	Buy the next person in line their coffee or lunch
Give someone flowers or a plant	Send someone a handwritten note, thanking them for being in your life	Help a neighbor (or a stranger)	Clean up after someone else—just because

Pay attention to the ones you are drawn to and those that you don't want to do!



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