

# Assessment Instructions

## Please follow the instructions below to take the MINI-DISC Assessment

- Please be in a neutral state when taking the assessment (not overly happy, sad or mad) and be in a quiet atmosphere with minimal distractions.
- Although the questionnaire only takes 3-5 minutes to complete, you may find it challenging.
- Try not to over-analyze your responses. There are no right or wrong answers. Go with your gut response. Be sure to answer all questions as accurately as possible to get the most meaningful results.
- Copy and Paste the following code into your browser:  
[http://www.surpassassessments.com/?R\\*4\\_6Y==R](http://www.surpassassessments.com/?R*4_6Y==R)
- Only use this link once. Be sure NOT to pass that link to anyone else.
- Please email me or call me with any questions and /or concerns. [Robin@SurpassYourGoals.com](mailto:Robin@SurpassYourGoals.com) 727-776-7766.

